

COASTAL CAROLINA FOOT & ANKLE ASSOCIATES

Dr. Jeffrey B. Pupp

Dr. Kevin Bachman

DIRECTIONS FOR HOME CARE FOLLOWING REMOVAL OF WARTS

1. When you leave the office get all prescriptions filled and take as directed. This may include pain medication and/or antibiotics. You will be given an appointment to return to the office in 7 – 10 days to see your doctor for your first post operative visit.
2. Keep your bandage dry for 24 – 36 hours. That means no shower or bath. You may take a sponge bath.
3. Dressing changes should be done once a day until you return to the clinic for your first follow up visit.
4. If you were prescribed pain medication please allow 30 minutes after taking a dose before you begin your dressing change. This will help control any discomfort during the dressing change.
5. Remove all dressings. If directed by your physician you may soak the wound in warm water with Epsom salt for 15 minutes. Pat dry with a clean cloth and apply any antibiotic or wound dressing ointment that was prescribed by the doctor. Cover the site with a Telfa pad and then top with 4-5 gauze sponges. Secure in place with roller gauze and tape. If needed apply Coban with slight compression for more support.
6. All supplies needed (except prescription pain medications and antibiotics) may be purchased in our office at the time of surgery for your convenience.
7. **Please contact our office if you experience excessive pain, drainage, bleeding or fever. If you feel that you need to contact us after business hours please call (910) 343-8889, leave your telephone number and a message with the answering service and the doctor on call will be paged.**

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