

COASTAL CAROLINA FOOT & ANKLE ASSOCIATES

Dr. Jeffrey B. Pupp

Dr. Kevin Bachman

OFFICE SURGERY INFORMATION

1. You **MUST** have a driver that will stay at the office during your surgery. After the surgery you will be fitted with a post operative surgical shoe or cast that hinders normal driving ability. Please arrive 20 minutes prior to your scheduled surgery time.
2. Let us know if you need a prophylactic antibiotic prior to your surgery. If you have a latex allergy your surgery cannot be done in our office, but must be scheduled for one of the hospitals or out patient surgical clinics. If needed, your surgeon will give you prescriptions for pain and/or antibiotics. Have these filled immediately and take as directed.
3. If you are extremely apprehensive regarding your surgery let your surgeon know. He will prescribe medication to be dispensed 30 minutes prior to your surgery to help reduce your anxiety.
4. Take all prescription medications as normal. Consult with your surgeon if you are on Coumadin or any blood thinners (such as daily aspirin). You will be advised when to discontinue blood thinners prior to surgery, and when to start them again.
5. Wear comfortable clothing and pants that are easily accessible to your foot. Please do not wear panty hose, or any restrictive clothing. The surgery room tends to be cold, so wear warm, loose clothing such as sweat shirts and pants. We will have blankets available for your comfort.
6. After surgery, you will have bandages on your foot. **DO NOT** remove them or get them wet until your next visit. You may purchase cast and bandage covers at our office for your convenience. Should you need crutches, a surgical shoe or walking cast it will be dispensed at the time of your surgery.
7. **If you are experiencing excessive bleeding, fever, drainage with odor or excessive pain please call the office. If you feel that you need to contact us after business hours please call (910) 343-8889, leave your telephone number and a message with the answering service and the doctor on call will be paged.**

1602 Doctors Circle
Wilmington, NC 28401

114 N. Norwood St
Wallace, NC 28466

509 Olde Waterford Way
Leland, NC 28451

Tel (910) 343-8889
Fax (910) 343-9990

Tel (910) 285-3362
Fax (910) 285-6683

Tel (910) 383-2550
Fax (910) 343-9990